Tobacco Use

PRAMS asks:

In the 3 months before you got pregnant, how many cigarettes or packs of cigarettes did you smoke on an average day? Q. 32

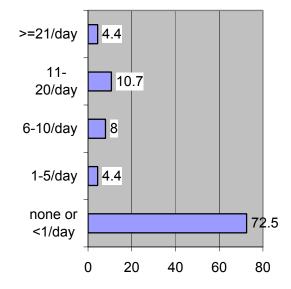
(A pack has 20 cigarettes)

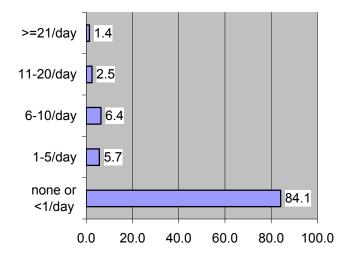
- 4.4% of women reported smoking greater than or equal to 21 cigarettes per day 3 months before they became pregnant
- 10.7% of women reported smoking 11-20 cigarettes per day 3 months before they became pregnant.
- 8.0% of women reported smoking 6-10 cigarettes per day 3 months before they became pregnant.
- 4.4% of women reported smoking 1-5 cigarettes per day 3 months before they became pregnant.
- 72.5% of women reported smoking zero or less than 1 cigarette per day 3 months before they became pregnant.



In the last three months of your pregnancy, how many cigarettes or packs of cigarettes did you smoke on an average day? Q. 33

- 1.4% of women reported smoking greater than or equal to 21 cigarettes per day during the last three months of pregnancy.
- 2.5% of women reported smoking 11-20 cigarettes per day during the last three months of pregnancy.
- 6.4% of women reported smoking 6-10 cigarettes per day during the last three months of pregnancy.
- > 5.7% of women reported smoking **1-5** cigarettes per day during the last three months of pregnancy.
- ▶ 84.1% of women reported smoking zero or less than 1 cigarette per day during the last three months of pregnancy.





Tobacco Use

PRAMS asks:

How many cigarettes or packs of cigarettes do you smoke on an average day now? Q. 34

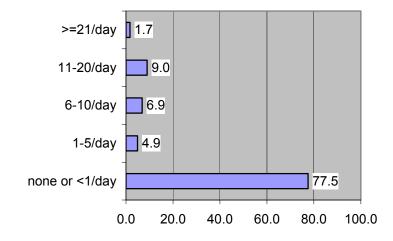
- 1.7% of women reported smoking greater than or equal to 21 cigarettes on an average day now.
- ▶ 9.0% of women reported smoking 11-20 cigarettes on an average day now.
- ➤ 6.9% of women reported smoking **6-10** cigarettes on an average day now.
- > 4.9% of women reported smoking **1-5** cigarettes on an average day now.
- 77.5% of women reported smoking zero or less than 1 cigarette on an average day now.

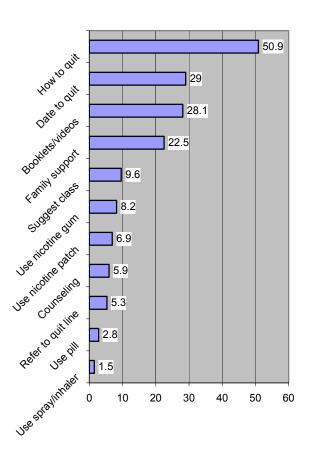


During any of your prenatal care visits, did a doctor, nurse, or other health care worker _____ Q. 76

Note: This question was asked of smokers only.

- Spend time with you discussing how to quit smoking-50.9% report Yes
- Suggest that you set a specific data to stop smoking-29.0% report Yes
- Provide you with booklets, videos, or other materials to help you quite smoking on your own-28.1% report Yes
- Ask if a family member or friend would support your decision to quit-22.5% report Yes
- Suggest you attend a class or program to stop smoking-9.6% report Yes
- Recommend using nicotine gum-8.2% report Yes
- Recommend using a nicotine patch-6.9% report Yes
- Refer you to counseling for help with quitting-5.9% report Yes
- Refer you to a national or state quit line-5.3% report Yes
- Prescribe a pill like Zyban-2.8% report Yes
- Prescribe a nicotine nasal spray or nicotine inhaler-1.5% report Yes





Alcohol Consumption

PRAMS asks:

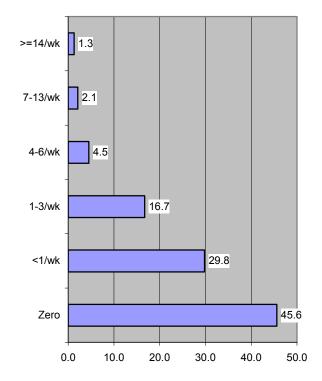
In the 3 months before you got pregnant, how many alcoholic drinks did you have in an average week? Q. 36a.

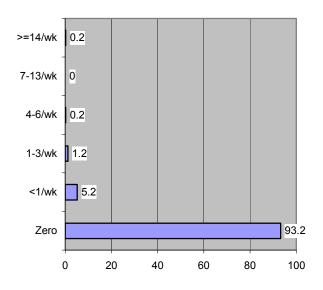
- 1.3% of women reported drinking >=14 drinks in an average week during the 3 months before they became pregnant.
- > 2.1% of women reported drinking 7-13 drinks in an average week during the 3 months before they became pregnant.
- > 4.5% of women reported drinking 4-6 drinks in an average week during the 3 months before they became pregnant.
- ➤ 16.7% of women reported drinking 1-3 drinks in an average week during the 3 months before they became pregnant.
- > 29.8% of women reported drinking less than one in an average week during the 3 months before they became pregnant.
- 45.6% of women reported drinking zero drinks in an average week during the 3 months before pregnancy.

PRAMS asks:

In the last three months of your pregnancy, how many alcoholic drinks did you have in an average week? Q. 37a.

- > 0.2% of women reported drinking >=14 drinks in an average week during the last 3 months of pregnancy.
- > 0.0% of women reported drinking **7-13** drinks in an average week during the last three months of their pregnancy.
- 0.2% of women reported drinking 4-6 drinks in an average week during the last three months of their pregnancy.
- 1.2% of women reported drinking 1-3 drinks in an average week during the last three months of their pregnancy.
- 5.2% of women reported drinking less than one drink in an average week during the last three months of their pregnancy.
- 93.2% of women reported drinking zero drinks in an average week during the last three months of their pregnancy.





Special Note: Missing Data

Question 32- 1.5 %

Question 33- 1.3 %

Question 34- 1.4 %

Question 36a.- 2.2 %

Question 37a.- 1.8 %